



# Five Mistakes Families Make at Discharge — and How to Avoid Them

## Mistake 1: Misunderstanding hospital status

Families frequently misunderstand hospital status. This distinction is critical for both coverage and future care.

### Notes

## Mistake 2: Assuming your loved one is ready for discharge

"Stable" doesn't always mean "safe". Look for key red flags that indicate your loved one might not be ready to go home.

### Notes

### Mistake 3: Not knowing all your rights

Families have formal rights that give them a say in the discharge process. Knowing these rights allows you to be an active and powerful advocate for your loved one.

#### Notes

### Mistake 4: Trusting Medicare to cover everything

Always ask for a detailed breakdown of what Medicare pays for versus what the family is responsible for.

#### Notes

### Mistake 5: Assuming help is on the way

Hospitals don't generally arrange all home support. Families need to be their own project managers for the transition home.

#### Notes